

Join us FOR BREAKFAST

We meet the first and third Wednesday mornings at Best Western Macies Hotel, corner of Merivale and Carling at 7:15 a.m. The meeting is over at 8:30 a.m. so you can still put in your eight hours at the office.

Contact us TO LEARN MORE

Join us for some fun, educational speakers and a little indigestion as we discuss our projects over breakfast!

Contact Connie Barker at (613) 596-5327, connie.barker@edwardjones.com or fill in the following and leave on the table.



I am interested in learning more:

Name:

Phone Number:



www.kiwanisclubofottawawest.ca

Kiwanis CLUB OF OTTAWA WEST

Serving children of the world



BECOME A Member

Ready to help children and families in your community? Ready to change the world? Kiwanis is ready for you!

Join Kiwanis Ottawa West today and make a difference in the world "One Child and One Community at a Time."

HOW WE HAVE *Helped*

Assisting **Aboriginal Youth in Tuktoyaktuk** by covering the cost of purchasing culturally-relevant reference books and shipping them to the North to enhance youth literacy.

Sponsoring high school students to attend Key Leadership programs. The **Key Leader** mission is to provide a life-changing experience that inspires young people to achieve their personal best through service leadership.

Providing funds for the purchase of bike helmets for Carlington Community Health Centres "**Helmets for Children**" project. This initiative will enhance the confidence and growth of children.

Granting funds to the **After School Program at W.E. Gowling School**, This program runs three days per week with 24 youth receiving nutritious snacks as well as help with their homework. This program provides an opportunity for at-risk youth to learn and develop the social skills necessary for interacting with peers and others.

Contributing to the Kiwanis Music Festival to encourage and promote the enjoyment and study of music, provide young musicians the opportunity to perform in concert, nurture their talent and help them build their future as professional artists.

And much more! Check out our website for information on our ongoing support to children and youth programs.



WHOM WE HAVE *Helped*

Here is a list of the organizations the Kiwanis Club of Ottawa West has supported, either financially or "hands-on."

- Aktion Club of Ottawa
- Bellevue Community Centre
- Carlington Community Health Centre
- Champions for Children Foundation
- CNIB Early Intervention Program
- Fisher Park/Summit Alternative Public School
- Ottawa Innerscity Ministries
- Key Leaders Program
- Kiwanis Music Festival – NCR
- Kiwanis/Unicef Eliminate Project
- Ottawa Salus Corporation
- Ottawa Valley Ambassadors
- Parkdale United Church "In From the Cold"
- Pathways to Education
- Staples School Bus Program
- Tuktoyaktuk Library Program
- W.E. Gowling Elementary School
- Westboro Region Food Bank
- Westboro Youth Centre